

## APRIL 2014 NEWSLETTER

Superintendent: D. Hansen Trustees: M. Nardini & P. DiFrancesco Pastor: Rev Martin Vallely  
Principal: C. Martino Principal Assistant: A. D'Ascenzo Secretary: D. Simpson Assoc. Pastor: Rev Mike Downey

### PRINCIPAL'S MESSAGE

#### SERVING IN THE LOVE CHRIST



We are now in the fourth week of Lent. This is such a special time, as we continue to prepare our hearts and our minds. We cleanse and we renew our spirit and our commitment to God our Father. Lent in many ways is the ultimate retreat time and we need to ensure our hearts are open to God.

#### Lent Prayer

God may we centre our lives on you this day. And drink in your divine presence. May we expose ourselves to the full light of your Son, Jesus. And allow him to penetrate the darkest corners of our being. May we not hide from your discerning Spirit. But surrender to your loving discipline. May we in all things seek to be aware of You. So that we may see your world clearly awakened and realigned to your purposes



Holy Week is a very important time of the year. It begins on Sunday April 13<sup>th</sup> with Palm Sunday. It is followed by the very solemn and important days of Holy Thursday and Good Friday, followed by Easter Sunday. Take time to honour and respect these days as a family and celebrate the gift of our Faith. We wish everyone a very beautiful and Happy Easter. The school will be closed on Good Friday and Easter Monday.

#### CATHOLIC EDUCATION WEEK: "GROWING TOGETHER IN FAITH" - MAY 4TH - 9TH

Each year, the Catholic community of Ontario engages in a week-long celebration of the unique and distinctive contributions of Catholic education during Catholic Education Week. This year's celebration entitled "Serving in the Love of Christ" celebrates the gift of Catholic Education and our journey together. We are looking forward to a wonderful week of activities. More information will be coming home as the time approaches!

#### UPCOMING EVENTS:

Junior Math Challenge - Sat., April 5<sup>th</sup>; Chess Tournament - Thurs., April 10<sup>th</sup>,  
Grade 8 Quebec Trip April 22<sup>nd</sup> to 25<sup>th</sup>; Scripture Reading - Wed., May 7<sup>th</sup>  
Family/Grandparents' Day - Thurs., May 8<sup>th</sup>; Mass on the Grass - Thurs., May 15<sup>th</sup> - 9:30 am

#### FIRST HOLY COMMUNION



The grade 2 students will receive the sacrament of First Holy Communion on **Saturday, April 26<sup>th</sup> at 1:30 pm** at St. Francis Xavier Parish. Thank you to Father Martin, Father Mike, Mrs. Batt and Mrs. Roy-Crooker for preparing the students.

## PARKING

Respect the bus drivers, the students and their safety and the school rules. Follow the flow of traffic at all times. Do not stop in the bus path. Do not block or park in the handicap areas, unless you have a handicap sticker.

## YARD

Students are reminded to wear coats outside. Only NERF is permitted on the playground. Students are reminded of the school policy of safety first! Running shoes are the best footwear for school inside and outside use.



## PRIMARY & JUNIOR EQAO ASSESSMENT

All grade 3 and 6 students across the province will, once again, participate in the provincial assessment done by EQAO (Education Quality and Accountability Office). These assessments will be carried out between **May 27th** and **June 4th**. We will let you know the specific dates closer to the time. Please try to plan appointments and trips at other times to accommodate this assessment.

## SYSTEM SCIENCE FAIR

Congratulations to the following students for representing our school at Bishop Ryan High School on Saturday March 1<sup>st</sup>:

**Junior Silver:** Lucy D, Christina P, Patrizia P., JohnPual D. **Junior Gold:** Andrew S., Jordan H. **Intermediate Gold:** Michela D. Michela also won the Environmental Award and went to represent our school at BASEF! Thank you to Mr. Mielko and Mrs. France for all their work with the science fair club!

## CATHOLIC SCHOOL COUNCIL

**Thank you** to all families who supported our World's Finest Fund Raiser. We will be posting our amount raised in the next newsletter! The money will be used to support technology and reading in our school, as well as our donations to charity. Green Smoothies were a delicious and nutritious treat on St. Patrick Day. The Big Crunch was held on Tuesday March 25<sup>th</sup>. Thank you to Mrs. Sulug for purchasing the apples and her team of parents who volunteered to wash and deliver the apples! Our parents and CSC are a blessing and an asset to our daily school activities. Thank you for being a part and giving your time.

## PROJECTED ORGANIZATION for 2014-2015

We have begun our planning for the upcoming school year. All classes are determined by numbers sent to the Board. Staff is actively involved in planning for the next school year and determining the best classroom for each student. We have to take into account many factors, academics, social skills, resource involvement etc. As professionals we strive, to make all decisions with the student in mind and doing what is best for their growth and development. If you have any concerns, for next year's placement, **please send in a letter in writing by May 26<sup>th</sup>** to Mrs. Martino, Principal. I cannot guarantee any placements.

## ANAPHYLAXIS ALERT

We would like to remind you to continue to ensure that Easter chocolates and candy that contain nuts or nut products are not brought to school. Thank you for your continuing support. Parents are reminded of the HWCDSD policy and the safety of all students daily!

### POLICE CHECKS & END OF YEAR TRIPS

It is a board requirement that all volunteers either in school or on school trips must have a police check. The one time cost is \$25.00. Please see Mrs. Simpson for the forms. It takes approximately 1 month to get the police check. If you are hoping to volunteer for a year end trip, please allow enough time before the trip to get your clearance. Parents who have not submitted a police check will not be permitted on the trip.

### MOVING OUT or MOVING IN? SEPTEMBER 2014



If you are planning to move out of our school area and your children will not be attending St. Clare of Assisi in September, please notify the school office as soon as possible. Alternatively, if you know of a family moving into the school area, please advise them to contact the school office for registration details. This information will be of great assistance in planning for next year.

### JUNIOR MATH CHALLENGE

We wish the best of luck to the following students who will be representing St. Clare School at the Junior Math Challenge this year which is being held at Bishop Ryan Secondary School on Saturday April 5, 2014 from 9:00 am to 2:00 pm:

Kyla S. - Grade 4; Gabby R. - Grade 4; Alex F. - Grade 5; Andrew S. - Grade 5; Whalen K. - Grade 6 & Lucas H. - Grade 6

### STUDENT WRITING PIECE: The Worst and the Funniest Hockey Game Ever! By Brayden L. - Grade 3

*Hi! My name is Jake. I love to play hockey and I play for the Novice Maple Leafs. I love my team, it is my favourite team and I scored my first goal with them. But something bad happened to me. It all started when I took the puck up the boards and someone came to hit me. I moved out of the way, but he still got me. I was knocked out and then I had this awesome dream. I was in a world of hockey and there was no land, just ice, I loved it so much. I even made some new friends, Kyle and Paul. First we had a game, parents vs Kids and who do you think won? You should know because like always kids win!! Next somebody found some food. It was ice cream because that was the coldest food. It had to be cold because it was against the law to have warm food. I screamed, "WHAT!!" But that didn't get me anywhere so I stopped. Finally I woke up and I was in the hospital my least favourite place to be in the whole world, but I woke up laughing, and my parents asked what happened. I said I had a great dream. Then I asked my parents what happened to me. My dad responded the hit did lots of damage and I had to stay in the hospital for two weeks. So I waited and here I am now, I have a cast but as long as I scored a goal, I don't care and I feel great!*  
*The End*



## PRESENTATION ON ANXIETY & DEPRESSION IN OUR CHILDREN

With Selina Buesink, Team Lead Compass Day Treatment, Patty Frazer, Team Lead Intensive Mental Health Student from Lynwood Charlton Centre.

Anxiety and depression is an ongoing concern for many parents, teachers and children. Both **Patty** and **Selina** have first hand experience in the child and youth mental health field. **Mental health** is a topic that is important to discuss, especially since we are seeing so many of our children struggling. With current research, analysis of current trends and real life experiences, this presentation will provide an overview of the **challenges** that anxiety and depression have on our children. **Patterns of behavior, signs and symptoms, strategies** for both families and schools, **treatment** options and tips on navigating resources will be discussed. This presentation will be **interactive** with opportunities for attendees to ask questions.

**Wednesday April 9th - 6:30 - 8:30 PM**

**ST. MARTIN OF TOURS SCHOOL GYM, 60 Grays Rd. S., Stoney Creek**

**Donation of canned good for the local food bank would be appreciated**

Babysitting will be provided. We also will be setting up information booths related to the topic. Please RSVP to Denise Cicero at [dmcicero@gmail.com](mailto:dmcicero@gmail.com) or phone 905-662-3383.



## HWCD SB GARAGE SALE- ST. LUKE SCHOOL

This fundraiser is organized by the Custodians & Assistant Custodians of the HWCD SB in support of the "Equal Opportunities Fund", a fund established by the Board to ensure that all students are provided with an opportunity to achieve, regardless of their social or economic status. You can support the garage sale.....

- By coming out to **St. Luke School** - 345 Albright Rd.

**Saturday, May 10th from 8:00 am—3:00 pm**

- Donating items (new or gently used) to your home school by **Thursday, April 24th**.
- By purchasing raffle tickets for BBQ, TV, Bike, Patio Set 3 for \$5.00 or 8 for \$10.00

