

MARCH 2019 COUGAR HIGHLIGHTS

“Be the face of Jesus, See the face of Jesus”

Anaphylaxis is a huge safety concern. Please do not send any food items with nuts or tree nuts. Safety is critical.

Safety - All students should have boots, snow pants, mitts, hats etc., for the outdoors. Inside the school, they must take off their boots and wear indoor shoes. Running shoes are always the safest. If we must evacuate the school, students will not have the chance to put on their shoes. We have a large assortment in our lost and found. Labelling clothing is easy to do and saves on missing items.

Parking – This is an ongoing issue. No stopping is permitted in the kiss and ride area. This is simply an area to keep moving along and students quickly go into the vehicle. If you need to get out to pick up your children, you **must find a parking spot. This is for the SAFETY of all.**

The Lenten Season is upon us. This is a very important time during the Liturgical year. The Catholic School Council will provide pancakes to all students, free of charge on Shrove Tuesday. This is also known as Mardi Gras Day. Students will be permitted to dress down or in colourful outfits. The money raised from Mardi Gras/Pancake Tuesday will be sent to the “Me to We” Organization to help feed the less fortunate. This is an extra dress down and students must donate to participate. Encourage your child to learn about the journey of Jesus during Lent. As a family, aim to give up something or do something positive to encourage or help others out. We will have a Liturgy on Ash Wednesday at our School. St. Francis Xavier Church will have Mass at 7:30a.m., noon and 7:00 pm. During Lent, the “Stations of the Cross” take place every Friday night. Do your part and take your family to Mass to learn more about our Faith and deepen your commitment to God.

We have many events taking place over the next few weeks. Public Speaking is a major part of the Literacy Program. Public speaking is very important in our society. Check the dates with your son/daughter and practice the speech as a family. It makes it easier to say in front of your peers. The school run off will take place on **Thursday, March 28th** in the am. The feeder school run offs will take place on **April 17th** at St. Gabriel’s School. **May 1st** is the Board event at Bishop Ryan High School.

Congratulations to Daniella I, Larissa R., Alessia P, Alissa G, Thomas S, and Anthony D for completing projects to enter into this year's HWCDSB System Science Fair. The Science Fair will take place this Saturday at Bishop Ryan High School Best of luck to all our students. Special thanks to Mr. Cordeiro and Mr. Baird for supporting the students, as well as their families. Public Viewing will take place from 12:45 until 1:45 at Bishop Ryan High School.

ECO news - Every Wednesday is litterless lunch. We will be running our Plastic Bag Campaign once again. Start saving your plastic bags.

Please check the calendar for all the exciting events happening at our school.

A Prayer by St. Anselm of Canterbury

O my God, teach my heart where and how to seek You,
where and how to find You.
You are my God and You are my all and I have never seen You.
You have made me and remade me,
You have bestowed on me all the good things I possess,
Still I do not know You.
I have not yet done that for which I was made.
Teach me to seek You.
I cannot seek You unless You teach me
or find You unless You show Yourself to me.
Let me seek You in my desire,
let me desire You in my seeking.
Let me find You by loving You,
let me love You when I find You.

Amen